

Survey for older people in Moreland

November and December 2020



Moreland Council is undertaking this survey to understand how older people in Moreland are currently feeling, and how you can be better supported to stay happy, active and part of the community. We will be using the results to improve our *Aged and Community Support* services.

This survey is also available online at <https://conversations.moreland.vic.gov.au/survey-older-people>. The results will be available early next year on this web page.

Your individual survey response is totally confidential. It will not be shared or used for any other purpose. Moreland City Council is committed to protecting your privacy in accordance with the Privacy and Data Protection Act 2014 (Vic) and the Health Records Act 2001 (Vic).

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1. Please tell us a little about yourself (this helps us understand who has responded)

Age:

☐ Under 65 years ☐ 65-74 years ☐ 75-84 years ☐ 85+ years

Gender:

☐ Male ☐ Female ☐ Other ☐ Prefer not to say

I speak and understand English well: ☐ Yes ☐ No

Language spoken at home: _____

Suburb: _____

I live:

☐ Alone ☐ With my husband, wife, or partner ☐ With my children ☐ Other arrangement

I use the internet at my home: ☐ Yes ☐ No

Which of these best describes you? (select one or more)

- | | |
|---|---|
| <input type="checkbox"/> I receive Moreland Council aged services | <input type="checkbox"/> Family/friends support me |
| <input type="checkbox"/> I receive services from another aged care provider | <input type="checkbox"/> I don't need any support |
| <input type="checkbox"/> I'm waiting for an aged care package | <input type="checkbox"/> I don't know what is available |
| <input type="checkbox"/> I need support services but don't have any | |

2. Do you need information on any of the following? (select one or more)

- ☐ Caring for my health ☐ Special interest activities (please describe below)
- ☐ Aged care services ☐ Technology (internet, computers)
- ☐ COVID-19 information ☐ Other: *(please describe)*
- ☐ Social and Senior Citizens groups

3. Considering COVID-19, how confident are you currently feeling about visiting these community locations? (please tick one box on each line)

	Not confident 1	Slightly confident 2	Very confident 3	I don't know
Parks and outdoor facilities				
<u>Indoor</u> facilities with <u>large</u> groups of people (15 people+) (e.g. gyms, libraries)				
<u>Indoor</u> facilities with <u>small</u> groups of people (10 people or less) (e.g. small group activities/events)				
Shops and businesses				
Health services (doctors etc)				

4. What are the most important things Moreland Council (or other aged services) can do to support you over the next few months?

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5. How happy are you with your current level of social connection?

(this means talking and spending enjoyable time with family, friends and other people)

- ☐ I would like more ☐ I would like less ☐ It's about right for me

Please provide some reflections:

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6. How likely are you to participate in these activities, if provided by Moreland Council or other community services for a small cost? (please tick one box on each line)

	Not likely 1	Maybe 2	Very likely 3	I don't know
Classes to learn new skills				
Cooking and sharing meals with others				
Exercise classes appropriate for older people				
Gardening related sessions or activities				
Health information sessions				
Hobby groups such as book club, choir, photography club, woodwork, art & craft				
Informal social groups (e.g. at a café)				
Learning internet and computer skills (e.g. smartphone, ipad/tablet, or computer)				
Small group social outings on public transport around Melbourne				
Please tell us more about your interests and suggestions:				

7. Thinking about the activities above, what barriers (if any) would prevent you from participating? (select one or more)

- | | |
|--|---|
| <input type="checkbox"/> I need transport | <input type="checkbox"/> There is no barrier, I am ready to attend as soon as practical |
| <input type="checkbox"/> My health is not good enough to participate | <input type="checkbox"/> I am not interested/don't want to attend |
| <input type="checkbox"/> I can't afford any extra activities | <input type="checkbox"/> Other: <i>(please describe)</i> |
| <input type="checkbox"/> I'm not confident to try new activities | |

Thank you!